



ADULT SAILING PROGRAM

Building LAG-88
9672 Massey Hughes Dr.
Norfolk, Virginia 23511
757-444-2918



ADULT SAILING PROGRAM - *A U.S. Sailing Accredited School*

US SAILING BASIC KEELBOAT COURSE

In this introductory 16-hour course you will learn to sail a 26-foot keelboat with one of our certified instructors. The practical integration of this course puts you behind the helm. Instructors cover an array of topics, including boat handling and seamanship, understanding sail trim and techniques, navigation, and safety preparedness. Upon completion, students will be eligible to rent the Colgate 26.

Schedule: Courses are offered from May through November.

Cost: \$380

Registration: Advanced registration is required. Students will receive a U.S. Sailing Basic Keelboat textbook, logbook, U.S. Sailing Certification and membership, and eligibility to rent basic keelboats.

BASIC CRUISING COURSE

This course is designed to introduce keelboat sailors to cruising. Topics include maneuvering under power, docking, anchoring, onboard systems, advanced sail trim, tacking angles, and balance. This course will introduce wheel steering. Upon completion students will be eligible to rent the Hunter 260.

Schedule: Courses are offered from May through November.

Cost: \$400

Registration: Advanced registration is required. Students will receive a Norfolk Naval Sailing Center endorsement and eligibility to rent the Hunter 260.

BAREBOAT CRUISING

Learn the subtleties of sailing a bigger keelboat. Topics of this course include rules of the road, cruising systems, tides, currents, VHF radio and sailing the bay. Upon completion of this course, students will be eligible to rent the Catalina 310.

Cost: \$450

SMALL BOAT COURSE

Learn the basics of sailing aboard our small sailboats. This 16-hour course introduces beginners to the exciting sport of small-boat sailing. Participants are actively behind the helm and crewing a 13-foot 420 and Lasers. Instruction includes orientation of boat and rigging, boat handling, maneuvering to the dock, and rules of the road.

Schedule: Courses are offered one weekend a month in June, July and August.

Cost: \$300

Registration: Advanced registration is required. Students will receive a Norfolk Naval Sailing Endorsement and eligibility to rent our small boats, including lasers, 420s, hobie waves, hobie getaway and hobie sailing kayaks.

For dates and times on all courses, please visit the calendar at: www.NavyLifeNSN.com/Marina. All courses are weather dependent.

ADDITIONAL SAILING OPPORTUNITIES

FIRST SAIL: Are you considering sailing, but uncertain if you're ready to commit to a full program? This two-hour leisurely sail on Willoughby Bay is designed to introduce newcomers to all the possibilities of sailing.

Cost: \$50

CHECK RIDE: Check rides are available for those sailors who currently possess a nationally-recognized certificate and would like to become eligible to rent our sailboats. Our instructors conduct a practical test along with the written exam to "check" or confirm your skill set with rigging, boat handling and seamanship.

Cost: \$100 (3-hour minimum)

U.S. SAILING CHALLENGE: Challenges are geared toward sailors with extensive sailing knowledge and experience, but do not currently possess a nationally-recognized certificate. U.S. Sailing allows this option for those individuals seeking the U.S. Sailing certificate who have not had formal training. Candidates must pass a US Sailing written and practical exam.

**This is not a substitute for structured training. Failure to pass challenge requires enrollment in a course.*

Cost: \$200



SAILBOATS	HOUR	1/2 DAY	FULL DAY	WEEKEND	WEEK	REQUIREMENTS
LASER	\$9	\$30	\$55	N/A	N/A	SMALL BOAT
420 CLUB	\$11	\$40	\$70	N/A	N/A	SMALL BOAT
420 CLUB RACERS	\$15	\$35	\$55	N/A	N/A	RACING
HOBIE WAVE	\$12	\$30	\$50	N/A	N/A	SMALL BOAT
HOBIE GETAWAY	\$15	\$35	\$60	N/A	N/A	SMALL BOAT
COLGATE 26	N/A	\$100	\$150	N/A	N/A	BASIC KEELBOAT
HUNTER 260	N/A	\$120	\$175	\$275	\$500	BASIC CRUISING
CATALINA 310	N/A	\$125	\$200	\$375	\$750	BAREBOAT CRUISING

RESTRICTIONS APPLY. PLEASE CALL THE SAILING CENTER AT 757-444-2918 FOR DETAILS.